



Health Event!

Free to attend

Where? Shotgate Community hall

When? Saturday 11th November

10:00 - 14:00

What checks are you doing?

- NHS Health Check
- BP Check
- Weight check
- Atrial Fibrillation check

Who else will be there?

We are hoping to invite many partners in our local community such as:

- GPs
- Social Prescribers
- Mcmillan Cancer team
- A chef (ready to show you how to cook delicious healthy meals!)
- Exercise & weight referral
- Provide (Voluntary sector)
- Action for family carers
- AgeWell (Livewell)
- and more!



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Call your practice for more details
or email:

mseicb-bb.wickfordpcn@nhs.net