

SWANWOOD PARTNERSHIP

Blood Tests for Disease Monitoring and Reauthorising Medications

<i>Must be done within the QOF period between: 1st April to 31st March each year</i>			
Condition or Medication	Frequency	Not Fasting	Bloods and BP Requirement
DIABETIES	12 monthly	Not Fasting	FBC, UE'S, LFT, Non-Fasting Lipids, HbA1c MICROALBUMINUREA (give pt white top urine Bottle)
Pre-Diabetes	12 monthly	Not Fasting	HbA1c
CKD	12 monthly	Not Fasting	FBC, UE'S, LFT, Non-Fasting Lipids, HbA1c MICROALBUMINUREA (give pt white top urine Bottle)
MENTAL HEALTH (Only if on Lithium)	12 monthly	Not Fasting	UE's, TFT1-not on thyroxine, Lithium Level
HYPERTENSION	12 monthly	Not Fasting	FBC, UE'S, LFT, Non-Fasting Lipids, HbA1c • BP within last 12 months
Ischaemic Heart Disease	12 monthly	Not fasting	FBC, UES, LFT, Non-Fasting Lipids, HbA1c • BP within last 12 months
HYPOTHYROIDISM (On THYROXINE)	12 monthly	Not Fasting	TFT2: on Thyroxine
STATIN	12 monthly	Not Fasting	LFT, Non-Fasting Lipids
Osteoporosis 12 monthly	12 monthly	Not Fasting	FBC, UEs, LFT, Bone (calcium)
DMARDS	3 monthly	Not Fasting	FBC, UEs, LFT
DOAC	6-12 monthly	Not Fasting	UEs- and check creatinine clearance to ensure appropriate dose of DOAC
NHS Health Check Bloods: Age 40-74	Every 5 years	Not Fasting	FBC, UE'S, LFT, Non-Fasting Lipids, HbA1c NHS Health Check every 5 years for age between 40 and 74 years of age and with NO pre-existing condition.

***For Routine monitoring-** Do NOT request CRP, TFT or PSA without advice or the direction of a doctor.

****Pt requesting PSA** with no past advice from a doctor should be advised to book a Tel-Con with a doctor